



COURSE CYLLABUS

- Course coordinator:

University of Tampere
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Department for International Health
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- Readings:

References and readings can be found after each section.

- Course learning objectives:

The purpose of this online course is to give students a basic knowledge how different kind of social variables (e.g. education, neighborhood or economic stability) can affect population and individual morbidity and mortality.

At the end of this course, you will be able to:

- comprehend that health is mostly produced outside the health care sector
- understand about history and development of social medicine that has led to current thinking about social determinants of health
- understand about social determinants of health in theory and in practice

- Assignments

Students are assessed with different kinds of questions at the end of each segment (in Moodle learning environment *). From the last exam (quiz) students must score overall at or above 75% in order to pass the course and get a diploma.

- Technical implementation

The course is executed both in Moodle learning environment and University of Tampere's home page system. Most part of the course material can be found on the course web page: www.uta.fi/dih/sdh and assignments in Moodle. Students will be well guided along the course.

**Moodle is a free e-learning platform, also known as a Learning Management System or a Virtual Learning Environment. It is an online area where students and staff can interact, access course materials and submit assignments. More information about Moodle:*

<https://moodle.org/>

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- Content of the course

Segments	Sections	Objectives
Practical information		
Aim of the course	Health as a key value	<i>By the end of this segment you'll be able to</i> <ul style="list-style-type: none"> - Understand the aims and learning objectives of the course. - Describe and distinguish few most common and widely used models to describe health and illness.
Introduction to social determinants of health	Definitions related to SDH	<i>By the end of this segment you'll be able to</i> <ul style="list-style-type: none"> - Define what social determinants of health are and know that many different kinds of definitions are being used. - Understand that SDH is not a new idea of scholarship. - Know something about the history of SDH. - Recognize few most commonly used measurements of public health.
	History of SDH	
Key areas of SDH	Education	<i>By the end of this segment you'll be able to</i> <ul style="list-style-type: none"> - Understand the meaning of education attainment for individual and population health. - Describe threats to health caused by unemployment, bad working conditions, inappropriate income and poverty. - Distinguish terms health systems from health care systems and understand basic issues related to maldistribution of health care. - Tell few health effects of poor housing and comprehend the meaning of neighborhood as a health determinant.
	Economic stability	
	Health and health care	
	Social and community context	
	Neighborhood and built environment	
What can we do?	What can we do?	<i>By the end of this segment you'll be able to</i> <ul style="list-style-type: none"> - Understand that health professionals have a direct and obvious influence on people's health. - Tell examples of actions made e.g. in the fields of health policy and primary health care.